



# Leído. Libros, revistas e Internet

## Manejo de la otitis media aguda: Encuesta a pediatras de Atención Primaria europeos

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Varios compañeros de la Asociación Española de Pediatría de Atención Primaria (AEPap) han participado en este interesante estudio europeo sobre el manejo que se hace de la otitis media aguda.

A través de una encuesta han recogido el abordaje que realizan de esta patología 2109 pediatras de hasta 11 países diferentes.

El trabajo da una visión global y establece una fotografía de las diferencias entre los países estudiados. Llama especialmente la atención que la prescripción de antibióticos es significativamente mayor entre los pediatras jóvenes respecto a los más veteranos.

Esto evidencia que aún queda gran recorrido por hacer en cuanto al uso de los antibióticos, especialmente entre los compañeros más jóvenes que acceden a la profesión.

Como concluyen los autores, la elaboración de una guía de práctica clínica europea al respecto podría ser importante en cuanto a la unificación del manejo que se realiza de esta patología tan común.

Estudios como el presente demuestran que el trabajo colaborativo es la herramienta más poderosa para poder hacer investigación de calidad en Atención Primaria. El establecimiento de alianzas y redes de apoyo es fundamental para esta finalidad.

En este caso, con el aval de la European Confederation Primary Care Paediatricians (ECPCP), se ha realizado el presente estudio que valora el manejo global de las otitis en el momento actual y da pie a plantear posibles mejoras.



### Acute otitis media management: A survey of European primary care pediatricians

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#### ABSTRACT

**Purpose:** To describe the management of Acute Otitis Media in European countries, comparing practices between countries and accordance with the American Academy of Pediatrics guidelines.  
**Methods:** The study was completed via an internet survey. A coordinator per country obtained the local ethical approval, distributed the survey and collected responses. 2109 questionnaires were completed in 14 European countries. Results were analyzed by comparing answers within and between each country.  
**Results:** Otoscope device used varied including conventional (89%), fiber-optic (19%) and pneumatic (4.9%) otoscopes. Decision to treat: 78.1% (63.8-90.5%) would immediately initiate antibiotics for a 6-month-old with bilateral Acute Otitis Media; 73.2% (47.6%-82.9%) would use a delayed antibiotic therapy in a 25-month-old with bilateral Acute Otitis Media; 50.2% would immediately initiate antibiotic treatment in a first episode of Acute Otitis Media for a 3-year-old and 31.5% would defer antibiotics. Younger pediatricians tend to prescribe more antibiotics: 87.6% vs 77.2%, OR: 2.08 (1.31-3.29). Amoxicillin as a first-line treatment was nearly

Abbreviation: Acute Otitis Media, (AOM); European Confederation of Primary Care Pediatricians, (ECPCP); American Academy of Pediatrics, (AAP); Research Working Group of the European Confederation of Primary Care Pediatricians, (ECPCP-BWG).  
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