



Bibliografía sobre COVID-19

Concepción Bonet de Luna

Pediatra. CS Segre. Madrid. España.

ENLACES SOBRE COVID-19

- Emergencia ecológica: corto “3 seconds”: www.karmatube.org/videos.php?id=8761
- Situación filosófica en COVID: ¿rito de paso?: www.lionsroar.com/are-we-in-a-global-rite-of-passage/
- Situación SM en niños en España: www.sepypna.com/documentos/2020_InformeCOVID_final.pdf
- Unicef: www.unicef.es/impacto-covid19-infancia
- Estudio RESPOND UE (UAM futuro): <https://isanidad.com/180344/expertos-espanoles-participan-en-un-proyecto-europeo-para-evaluar-el-impacto-de-la-pandemia-en-la-salud-mental/>
- Datos SM en población joven: <https://isanidad.com/113686/hasta-2-millones-de-jovenes-afirma-haber-sufrido-sintomas-de-trastorno-mental-en-el-ultimo-ano/>
- Salud pública de Harvard: recursos en SM: www.hsph.harvard.edu/coronavirus/covid-19-news-and-resources/covid-19-mental-health-forum-series/
- Social determinants of health: www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health
- Edificios seguros y saludables <https://hbr.org/2020/04/what-makes-an-office-building-healthy>
<https://9foundations.forhealth.org/>
- Escuelas seguras: https://schools.forhealth.org/wp-content/uploads/sites/19/2020/07/HPH-15179_SchoolsForHealth_R6_ES-LA.pdf
- Recursos sobre SM para familias, niños y adolescentes en el Child Mind Institute: https://childmind.org/?utm_source=newsletter&utm_medium=email&utm_content=Child%20Mind%20Institute&utm_campaign=Public-Ed-Newsletter
- Behaviour is communication and has a function: <https://childmind.org/article/breaking-behavior-code/>
- Qué hacer y no hacer en la ansiedad infantil: <https://childmind.org/article/what-to-do-and-not-do-when-children-are-anxious/>
- Parents: Fixers or consultants: https://childmind.org/article/raising-confident-independent-children/?utm_source=newsletter&utm_medium=email&utm_content=Raising%20Confident%20Independent%20Children&utm_campaign=Public-Ed-Newsletter
- Helping parents: www.dailygood.org/story/2500/helping-parents-when-parenting-gets-hard-luann-cooley/
- Cómo educar sin premios ni castigos Jorge y Demián Bucay: www.youtube.com/watch?v=X5LIWAJJNcY
- Conferencias sobre TCA: www.youtube.com/watch?v=E_jmnHZ7FdU&feature=youtu.be
- Curso 5 de febrero 2021 HUNJ: <https://isanidad.com/180111/aumentan-un-20-los-ingresos-por-trastornos-de-alimentacion-en-el-hospital-nino-jesus-durante-la-pandemia/>
- Loving-kindness, compassion, sympathetic joy, equanimity—these four loving qualities, are powerful ways to heal our trauma: www.lionsroar.com/4-ways-to-heal-yourself-with-love/?goal=0_1988ee44b2-034cd9f98-25117300
- When pandemics collide: obesidad y COVID (páginas web para padres): www.pediatricnursing.org/action/showPdf?pii=S0882-5963%2820%2930653-9
- Moral determinants of health: [https://jamanetwork.com/journals/jama/fullarticle/2767353](http://jamanetwork.com/journals/jama/fullarticle/2767353)
www.awakin.org/calls/550/don-berwick/blog?check=1